

Parent Conversations and Activities

Many Cultures

1. What is your favorite family holiday? Ask your child what they like most about this holiday. Ask your child to draw a picture of his/her favorite holiday. After he/she explains the picture, hang it somewhere in your home.
2. Talk to your child about the different names for grandparents. Nona means grandmother in Italian, Bubbie is grandmother in Yiddish. Have your child ask a friend what they call their grandparents.
3. The American South has many special cultures. Locate a restaurant in your area that has Creole or other southern recipes. Try a Creole or other southern recipe for dinner.
4. Talk to your child about the food that is important to your culture. Have them help you make one of the recipes.
5. Make a trip to the library. Native Americans have many fables and stories that your child would enjoy. Ask the children's librarian for a suggestion.
6. During Kwanza, corn represents the children in the family. Make corn or a recipe that includes corn for dinner. Explain the African American celebration of Kwanza to your child.
7. Find some music with Latino rhythm. Play the music and dance with your child.
8. Tell your child a favorite family story. If possible ask a grandparent or senior citizen to share a story with your child.

9. During Kwanza, African Americans give thanks. Ask your child for things he/she is thankful for.
10. Talk to your child about an African American Hero i.e. Rosa Parks, Dr. King, President Obama.
11. Share family photographs with your child. Talk about the people and things that are important you.
12. Every culture has fairy tales. Take a trip to the library. Ask the librarian to help you find fairy tales from different culture.
13. What is your family's traditional Thanksgiving meal? Ask your child to ask a friend what his/her family eats on Thanksgiving. How are your meals the same and how are they different?
14. Have a meal at an ethnic restaurant with your child. Try Chinese, Greek, and Italian etc. Ask your child how the food is the same or different than what he/she usually eats?